



# GERMANTOWN

• D A Y S P A •

## PERMANENT MAKEUP AFTERCARE INSTRUCTIONS

### **\*LIPS\***

Expect light to moderate swelling for the first several days, redness, tenderness, puffiness and in some cases bruising. You may gently ice the area using very light pressure on the skin. Keep the ice in a clear plastic bag.

Blot lips every hour and reapply Vaseline for the first 4-5 hours. Wash with warm water and gentle soap 2-3 times a day, starting on night 1 (treatment day). Keep lips coated in Vaseline Aquaphor for 7-10 days. (**DO NOT use Neosporin**) When applying ointments, always blot off previous layer before reapplying, this keeps clean product on the lips.

DO NOT pick or scratch your lips.

Avoid pulling any scabs off prematurely. They will come off naturally as the skin heals. Pulling them off before they are ready will lead to loss of pigment in that area.

Avoid the sun, tanning, facials, swimming, heavy sweating and whirlpools for at least 5 days.

It's VERY important to keep the lip area clean as to avoid infection. If you feel the area has come in contact with anything that may compromise healing you will need to cleanse the area -with a cotton pad and a small amount of Witch-hazel.

You will experience approximately 50% loss in pigment color during the healing process. It is important to follow these instructions to avoid unnecessary loss in color.

As lips heal they can look uneven in color tone, and sometimes as if there is no pigment left at all....this is normal. It will take a full 4-6 weeks for even color to emerge. This is a process and requires some patience. If any color is lost, the touch up will address this. It's recommended to apply a lip moisturizer with SPF 15 or higher to bring back color as well as protect them from prematurely fading.

Try to keep lips in most natural state for 3-5 days. Don't pull, open super wide, smile really big, etc. Cut food into small pieces.

DRINK from a straw for the first three days

DO NOT eat spicy or piping hot foods or drinks for 3-5 days

DO NOT eat/drink citrus for 3-5 days

Please do not hesitate to call if you have ANY questions or concerns.

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